

BOP IT? DROP IT.

Anna Crum, Bop-it Psychologist

There are plenty of things to blame for that festering insecurity inside of you. However, I think I may have found the original source of low self-esteem for many of us. Bop it, first released in 1996, can be described using the same phrase that my brother's boss used to describe him, "one sassy son of a bitch". My journey of tumultuous feelings for Bop it progressed the same as it had for Hawaiian rolls. There was a time when both of these enthralled me, followed by a swift decline and mild distaste, finally settling into the realm of seldom thought of, but fondly remembered, things that made up my micro-phases. Recently, I was reminded of Bop it, as a few of my younger cousins were playing one of the more recent models. While sitting next to them on the couch, I was reminded of two crucial things. The first was that Bop it was LOUD, which runs the risk of impairing hearing. The second, which I focused on, was that Bop it is mean. Therapists, teachers, doctors, parents, and elders like to blame low self-esteem on a variety of issues, including but not limited to that damn phone, but really, it all started with Bop it. Ever felt like trying your best wasn't good enough? Bop it did that. Ever been frustrated when you genuinely want to do better, but you get entirely unhelpful feedback? Bop it invented that move. Ever felt like giving up? That's cause Bop it told you to.

So now it's time for a little game which will prove to you that Bop it, whether you had it or not, made you feel worse about yourself. Read the following Bop it phrases as if they were directed at you:

"That was absolutely Terrible"

"Do it the same but better"

"Uh.. No"

"ARE YOU EVEN HUMAN?"

"I hope being that bad isn't contagious"

"Seriously? Come on."

"Uhm.. just do it as it says?"

"I remember my first time playing Bop it"

"The game is literally called Bop It!"

"Maybe you should erase that one"

"Dude..."

"Bummer..."

After reading these phrases as if they were directed at you, do you feel better or worse about yourself?

Case closed.

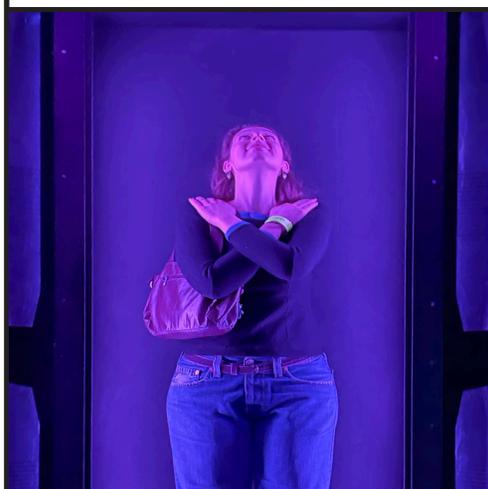


SENIOR SPRING BUCKET LIST

Leah,
A Senior

Well here we are. One final semester of hurrahs. Its been a wild ride here at Denison and its not over yet! I plan to make the most of my last semester and I suggest you do too. Reach for the stars! But always remember to keep your goals realistic. What's important here is not grades or romance or getting on a regular exercise regimen. Your priorities should be drinking and networking. No exceptions. Here is my recomended list of 26 things to do before the class of 2026 leaves the hill f o r e v e r . Feel free to add a few of your own!

1. Connect with Adam Weinberg on LinkedIn
2. Sled down the hill
3. Gain access to the Bullsheet Instagram
4. Become a DJ
5. Go out on wednesdays
6. Attend Senior Trivia
7. Skinny dip in Ebaugh Pond
8. Try the banana margarita at Pocho's
9. Sleep in the library/academic building
10. Hook up with someone from every frat AND sorority
11. Find the secret tunnels
12. Purchase a buisness casual blazer
13. Find a deodarant that works
14. Start gambling
15. Throw themed parties
16. Plan for retirement
17. Read the Bullsheet
18. Enjoy a relaxing Spring Break with your friends
19. Get freaky on Deed's Feild
20. Shower in Barney Davis
21. Have a picnic in the Bio
22. Pull one last all nighter (going out)
23. Pull one last all nighter (studying)
24. Prank your friends
25. Attend mass at all four church's on God Quad
26. Graduate!
27. _____
28. _____
29. _____
30. _____



Staff "Will they complete the bucket list"

Carter "Yes" Seipel, Managing Editor
Christine "Yes" Trueh, Head Writer
Leah "Yes" Jackson, Senior Editor
Lindsey "No" George, Sophomore Editor
William "No" Eddleman, Sophomore Editor
Lucy "No" Dale, Foreign Correspondant
Arianna "Yes" Griffiths, Senior Writer
Elliot "Yes" Harpham, Senior Writer
Eleanor "no" Mason, Junior Writer
Lucy "No" Hollingsworth-Hays, Sophomore Writer
Anna "No" Crum, Sophomore Writer
Lily "no" Andrews, Freshman Writer
Lily "no" Reaser, Freshman Writer
Aiyana "no" Harrison, Freshman Writer
Meredith "no" Havre, Freshman Writer

