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Edited last night by: Isabella
"Delivered" this morning by: ~technology~
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QUIZ: WHICH QUARANTINE PERSONALITY ARE YOU?

What time do you wake up?

- a. I set an alarm for 8:00 AM each and every day, even when I don't have class or work. The more hours in the day, the better—there's just so much I want to get done!
- b. I wake up in time for the Zoom calls. Whether or not I go back to sleep immediately after they're over is not your concern
- c. For the first time: usually around 10. But then I have morning nap, and early afternoon nap, and then there's of course late afternoon nap. And who could forget evening nap? The day just fills up!

What's your go-to quarantine outfit?

- a. It's important to make an effort. After all, the outside impacts the inside! Today I wore jeans and my favorite business casual top—I gotta look put together for all my video calls!
- b. My nice sweatpants and a clean shirt most of the time
- c. "Outfit" is a strong word

What do your meals look like?

- a. Lots of fruits and vegetables. I've been getting into cooking lately, which has been SO fun. I'm thinking it might finally be time to try out a vegan diet—with some cheats of course, I couldn't live without my Greek yogurt! LOL!
- b. The same sandwich over and over again. Sometimes I make pasta, if Kroger hasn't sold-out of it.
- c. Last night I had a White Claw and three veggie straws for dinner

Are you reading any good books?

- a. Constantly! I've got to keep my mind active! My Zoom book club just finished the newest Stephen Covey—do you have a moment to hear about *synergy*?
- b. For class, I guess. But to be honest, I'm mostly skimming those. Sometimes I scroll through The New York Times live updates but then I have to go lie down for twenty minutes
- c. Does Kendall Jenner's Instagram feed count as a book?

Exercise?

- a. Well, I've got my morning porch yoga, my tri-weekly Zoom-ba class, and there's that home cardio livestream I've been eyeing...
- b. I try to go walk every day but I'm scared of the children playing outside—who knows where they've been?
- c. The walk from the chair in my living room to the chair in my kitchen is quite the pulse-raiser, I'll have you know

If you got **mostly a's**, you're...
A Pinterest Mom on Dexedrine

Alright champ, take it down a notch. You see quarantine as a chance to "reinvent" yourself, or maybe you've always been like this. You were probably that kid in 6th grade that reminded the teacher to assign homework. I bet you're wearing an underwire bra right now, you sick f*ck

If you got **mostly b's**, you're...
Everyone's Favorite Sitcom Dad

So you're not exactly a #goals fitspo superstar. Maybe you haven't learned to play the electric harp, or to speak Norwegian Bokmål on Duolingo. But you're taking each day as it comes, and you're doing your best. And you know what?
You're *fine*.

If you got **mostly c's**, you're...
Your Saddest Grey Hoodie Personified

Aw, babe. It's rough, I know. Just go and drink some water, okay?

(also I know it's easy to shrug or laugh off stuff like this but if you're really struggling please please please reach out to someone who can help—ideally a trained professional. Take care of your needs. Stay safe. I love you!!)

Crisis Text Line:
Text "HOME" to 741741

– Isabella Puccini, Senior Editor

WHY THE BANJO IS THE WORST INSTRUMENT MAYBE EVER.

I am a man of wildly different tastes, but you already knew that. I'd like to refer my style as I like stuff, or things I find funny. Recently I have been doing everything for comedy purposes, especially in quarantine. I have started wearing a poncho around getting into finger painting. Anyway when I first got home I found a banjo that is my brothers so naturally I am now the proud owner of the banjo. And basically I am here to tell you if you have ever considered or thought of buying a banjo, just stop it will be a bad purchase. Here is my main gripe with the banjo, that no matter how good you are, you will sound as if you are killing someone. And you know its half my fault cause I really only want to learn A\$AP Rocky songs and I am 100 percent sure you can't do that on the banjo. Also, the banjo is just so cumbersome to hold, it is like 70 feet long has that weird snare drum thing on the base, which is like should I be hitting the drum? Or like what, like what do you want me to do? The other thing is that if you want to make it sound halfway decent you have to play sooooo slow. I wanted to learn the rift from "Pet Sematary" by the Ramones and yeah that was wishful thinking because thar rift is too fast. Also, the vibe of the banjo is just wrong I feel like too many bad memories of Deliverance so no one wants to hear the banjo, so you are already playing from behind. Look, all I can really say is that the banjo, while being hilarious is the worst instrument ever.

– Josh Poe, Newbie Staff

A COUNTERARGUMENT

Idk man, ever heard "The Cave" by Mumford and Sons? Sh*t slaps.

– Isabella Puccini, Senior Editor, likes "The Cave"

THE WELLNESS CENTER AT WHISLER HALL

Connecting Conversations around Covid-19

Join Angie Ferrell, CNP and Lindsay Buchanan, MSW, LISW-S for a weekly conversation about how Covid-19 has impacted you.

Wednesdays at 3:30 pm (ET)
Look for the ZOOM link in MYDENISON Calendar



Staff "favorite (real) Spotify-made playlists" Box

Jax "Chillin' on a Dirt Road" Preyer, Managing Editor
Isabella "This is Mumford & Sons" Puccini, Senior Editor
Sophia "Lo-Fi Beats" Menconi, Senior Editor
Charlie "ASMR Winter Sounds" Schweiger, Junior Editor
Zach "Uses Pandora (ew)" Correia, Head Writer
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