



bullsheet@denison.edu | denisonbullsheet.com | @DUBullsheet

The Bullsheet, a forum for news, humor, and community dialogue, is funded by DCGA and is printed each day that classes are in session. Submissions must be sent before 6:30pm for next day submission via e-mail to: bullsheet@denison.edu. Submissions herein solely reflect the opinions of the authors. We do not accept anonymous submissions, so please remember to include a full name or Slayter Box number.

Edited last night by: Zach
Delivered this morning by: Sophia
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REIKI, DENISON, AND YOU

Hi all! Here's the TL;DR: Denison wellness has done it again; they're giving money (your tuition money) to a pyramid scheme and someone who is, effectively, claiming to be a wizard.

Earlier this month you probably got an email from wellness@denison.edu talking about all the new policies they've implemented and counselors they've hired. First off: awesome. The new counselors all look like fantastic, qualified people from diverse backgrounds. Outside of the counselors, Whistler now has a program called "glovebox" that sends "safer sex supplies and health information to Denison students." I, as a lazy person who used doordash on a weekly basis this summer, especially appreciate this!

There was one part of this email that rubbed me the wrong way: Whistler now offers Reiki and doTERRA Aromatouch as part of its wellness suite. Neither of these should be present on Denison's campus. The former is pseudoscientific nonsense, while the latter is an outright scam.

First, Reiki. Reiki is, per Reiki.org, the practice of "'laying on hands' and is based on the idea that an unseen 'life force energy' flows through". This is, needless to say, bullshit. "Life force energy" does not exist, therefore Reiki is based on a faulty assumption about the way the human body works. No scientific studies (as of a 2011 meta-analysis by NIH) have been able to find any difference between Reiki and placebo hand motions, nor is there any formal certification for practicing Reiki. As of now, there is no evidence that Reiki works or has any appreciable effect on healing. Reiki is pseudoscience, plain and simple, and it's shameful that Denison would spend money on such a practice. As an aside, I actually have a crystal healing business I'm trying to get off the ground. I rub quartz on people's foreheads to cure their hangovers, maybe throw a little money my way Whistler? It's just as effective as Reiki!

Second, doTERRA. For those who don't know, doTERRA is a multi-level marketing scheme. Multi-level marketing firms are, in short, barely legal pyramid schemes. Your friend from high school who married their partner at 19 and now has two kids? Probably in an MLM, and has probably messaged you eight thousand times trying to get you to join with her because she gets a little kickback if you join her downline, almost like a pyramid! Getting essential oils (which aren't great things to be spending money on to begin with) from what is, functionally, a giant pyramid scheme isn't a great look, nor is it something the admin should be spending tuition money on.

Besides their organizational structure, doTERRA was warned by the FDA in 2014 after allowing distributors to claim that their products "cure autism, ebola, influenza, and cancer". Fun!

Like Reiki, doTERRA is a scam designed to suck money out of people who don't know any better. It saddens me that the Denison admin either 1. Didn't do their homework or 2. Simply don't care about evidence-based medicine (in the case of Reiki) or care about sourcing products from what is, functionally, a Ponzi scheme (in the case of doTERRA).

In short: get rid of Reiki and doTERRA. Students deserve medicine that works, and to not have their tuition money spent on pyramid schemes.

STUDENT VOICE
(AND THE TRUTH)

-Paul Bass

ANNOUNCING BULLSHEET OILS

In order to raise funds to get the Bullsheet Office a new computer through barley legal triangular means, we at the 'Sheet are proud to announce our line of Essential Oils: Bullsheet Oils!

After years of research in distillment of locally sourced beer from used.....

Continues on back...

ANNOUNCING BULLSHEET OILS

Natty Lite cans, bull excrement and lavender we have a developed a product that will cure any issue. Are oils are “clinically” tested, which is a term with no legal definition so it can mean whatever we want!

Stressed? Use Bullsheet Oils! Can't get in to see a counselor? Use Bullsheet Oils! Have a mental health crisis on campus that is partially the result of an ever intensifying busy and competitive culture that is encouraged by structural systems that are not in the control of students to change? Use Bullsheet Oils!

So far we only have one sent: Bullshit. But with one drop you'll be able to smell it all over campus!

For best results apply the oil liberally to your body with your Science GE requirement because you're clearly not using it for anything else. If you are a strong believer in essential oils, the best application method is to place a few drops around your mouth and anus, although the two are probably the same.

SATIRE

-Zach Correia , Head Writer

COOL STUDENT WORKS OF PHOTOGRAPHY AND POETRY



NotAJumper

Mimi Caraballo-Collazo

Insta @collazo_photographer



An open letter to onions
 My dearest and most favorite of vegetables.
 The cursed apple of mine eye
 I love you so dearly
 You are a culinary staple
 You grace my kitchen with your quiet simple beauty.
 For all the love I give you, purchasing 2lb bag after 2lb bag
 why doth thou make me cry so?
 Obscuring mine vision
 Adding a not so sexy air of danger
 to my culinary adventures.

With Tearful Love,
 Slayter Box 7726 </3

De-Stress Fest
 October 10, 2019

5:00 – 7:00 p.m.

Library

Come enjoy snacks, hot chocolate, a chair massage, Reiki, giveaways, a craft, and visit with therapy dogs



Questions Contact Heather Borland Coordinator Health and Wellness Education-borlandh@duke.edu

TAKE BACK THE NIGHT

Join SHARE for Sexual Respect Month
 A march and candlelight vigil to support and empower survivors of sexual harassment and assault
 with acapella performances

Thursday, October 10
 March starts at 6:00pm, East Quad Steps
 Vigil at 6:30pm, Slayter Flagpole

Staff “pseudoscience” Box

- Jax “Chromotherapy” Preyer, Managing Editor
- Isabella “Colon cleansing” Puccini, Senior Editor
- Sophia “Oil Pulling” Menconi, Senior Editor
- James “Urine Therapy” Whitney, Sophomore Editor
-
- Zach “Naturopathy” Correia, Head Writer
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- Katie “Radionics” Kerrigan, Junior Writer
- Jack “Reflexology” May, Sophomore Writer



Lets go get those energy fields